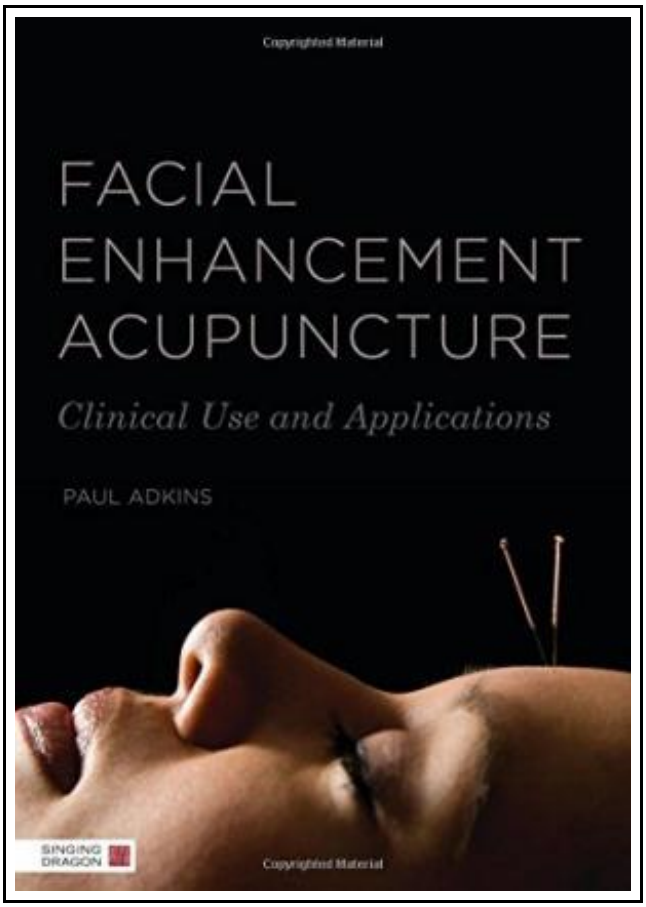
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Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Facial Enhancement Acupuncture: Clinical Use and Application, Paul Adkins, Based on Five Elements theory, this practical, fully illustrated guide to performing facial enhancement acupuncture (also known as cosmetic acupuncture, facial revitalisation or facial rejuvenation acupuncture) shows in detail the acupuncture points, techniques and equipment used in this procedure. Facial enhancement acupuncture targets points and muscles of the face in order to improve the elasticity of the skin and general overall appearance, as well as addressing constitutional points on the legs, arms and body to balance and harmonise the inner elements. The author clearly explains the rationale behind the needling of each face and neck point, which are shown in colour illustrations. He also discusses the advantages of acupuncture over surgical intervention in dealing with wrinkles and sagging jaw lines, and a chapter is included on discussing treatment with prospective patients, follow up and after care. As well as significantly improving the cosmetic appearance, facial acupuncture also has a strong whole body effect on the health and wellbeing of the person treated, and has a long and distinguished history in Chinese medicine. The book is the perfect introduction for acupuncturists and acupuncture students who want to learn how to incorporate this alternative to surgical procedures into their practice.

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